

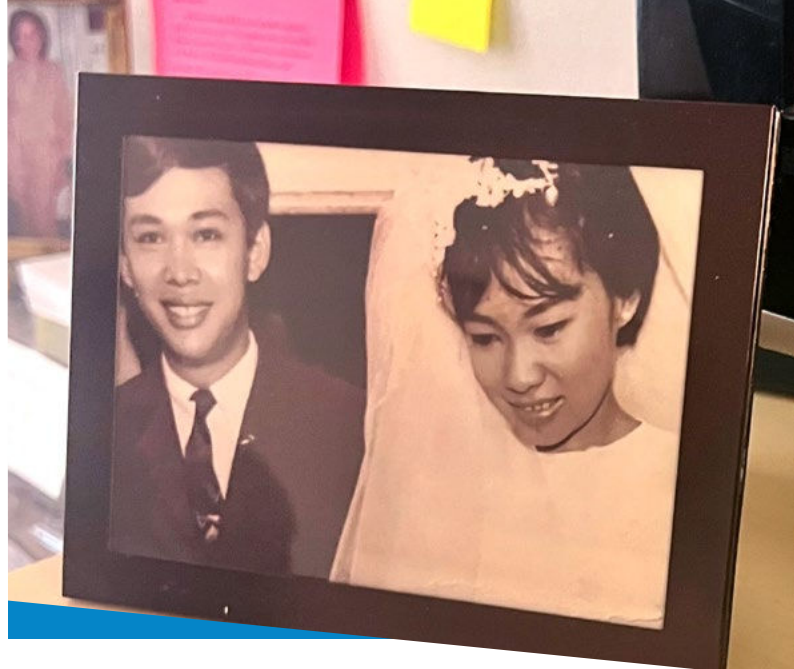
In sickness & in health

Couple's Embrace of Home-Centered Healing

In the vibrant heart of Las Vegas, Nevada, college sweethearts Francisco and Esperanza recently celebrated their 56th anniversary—a testament to the enduring journey of love. Their life, rich with laughter and affection, now accommodates a constant companion: the hum of medical care. Francisco, grappling with the complexities of diabetes and its health challenges, faces frequent hospitalizations—each an arduous odyssey for him and Esperanza alike.

Against this backdrop, caregiver fatigue casts a shadow as relentless as the desert sun. For Esperanza, caregiving is a badge of honor, but it brings the weight of daily responsibilities—a silent battle familiar to one in five Americans¹. As a steadfast pillar of support, she meticulously orchestrates Francisco's medical regimen: managing medications, scheduling doctor's visits, and vigilantly monitoring his vital signs. "And I scratch his back frequently," she quips with a gentle laugh, lightening the gravity of their reality.

When a complex urinary tract infection threatened another hospital stay, they opted for Advanced Care, [DispatchHealth's](#) home-based alternative to hospitalization. Esperanza embraced this alternative with cautious optimism. As their home transformed into a healing haven for Francisco, a palpable



shift occurred—the complex logistics of a hospital visit dissolved into the comfort and simplicity of their living space, with daily visits from a team of clinicians, including nurse practitioner Ronnie Bordador. "There's an irreplaceable value in treating a patient where they live," Ronnie observed. "The walls speak, the family photos tell stories, and the environment itself becomes a crucial part of the healing process."



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Ronnie Bordador

DispatchHealth Nurse Practitioner

At home, Francisco's recovery saw improving metrics accompanied by the resurgence of his smile and the playful banter about Esperanza's enthusiastic backscratching. In the sanctuary of his environment—away from the harsh glare of hospital



By supporting her, we are upholding the very essence of what makes home care so effective.

Richard Harris
DispatchHealth Provider



lights and echoing corridors—he drew strength from the familiarity of his surroundings. The living room, a traditional space for relaxation, now hosted his recovery, with an IV-pole standing guard among family photographs and frequent visits from their children and grandchildren. Meanwhile, the magic of Esperanza’s cooking revived his appetite and well-being—a testament to the healing powers of her culinary love.

Esperanza found herself cradled in unexpected serenity. Freed from the exhausting commutes and hospital anxieties, she rediscovered solace in the rhythms of their domestic life. “This home is a sanctuary because of her,” said nurse Richard Harris. “Her strength is the foundation of the care we provide. By supporting her, we are upholding the very essence of what makes home care so effective.”

With Francisco resting comfortably at home and relishing her home-cooked meals, she witnessed a transformation that delivered dual relief. “He just doesn’t like hospital food; he won’t eat,” Esperanza confides. “At home, he enjoys his meals, sleeps soundly, and there’s a visible uplift in his spirits.”

The narrative of Francisco and Esperanza weaves a crucial thread in the conversation on caregiver fatigue and patient care. It illustrates the delicate counterbalance between nurturing and overreaching, between a hospital’s support and demands, between an institution and a home. As they chart this part of their journey, their story reaffirms that often, the most potent medicine is the warmth of home, enriched by enduring love and the seasoning of shared history.



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Esperanza
DispatchHealth Patient Caregiver



¹ <https://www.aarp.org/content/dam/aarp/ppi/2020/05/full-report-caregiving-in-the-united-states.doi.10.26419-2Fppi.00103.001.pdf>